THE TONYS BRING OUT THE STARS

WE GO INSIDE BROADWAY'S BIGGEST NIGHT. PAGE 15

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Escaped killers David Sweat and Richard Matt. / NEW YORK STATE POLICE

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Cuomo offers $100,000 reward for escaped killers

Manhunt. Gov. Andrew Cuomo offered the reward, but said the men are dangerous and should not be approached.

Gov. Andrew Cuomo announced a $100,000 reward on Sunday for information leading to the capture of two convicted killers who escaped from an upstate maximum security prison.

He told reporters that though it is unusual, the state would offer $50,000 per prisoner for useful information.

"We feel that it is appropriate," Cuomo said.

The governor stressed, however, that the men are dangerous and should not be approached.

"These are killers. They are murderers. They are now on the loose," he said during a press conference.

The two men — Richard Matt, 48, and David Sweat, 34 — escaped at some point early Saturday morning from the maximum security section of a prison, the Clinton Correction Facility in Dannemora in upstate New York.

Their absence was noticed during a bed check of prisoners at 5:30 a.m. Though guards routinely patrol the cells every two hours, Matt and Sweat used sweatshirts to create decoys, which deceived the guards until the bed check.

They drilled through steel walls and pipes, scaled a six-foot-high wall and then emerged outside the facility's 30-foot external wall via a manhole.

Authorities said they were still investigating how the inmates were able to access the power tools they needed to execute their plan.

On Saturday, Cuomo was given a tour of the pair's escape route from the prison.

"It was elaborate. It was sophisticated. It encompassed drilling through steel walls and steel pipes. So this was not easily accomplished. The Commissioner of Corrections is going to undertake a full investigation," he said during a press conference.

Governor Cuomo tours the prison from which two inmates escaped. / FLICKR

After their escape was discovered, the prison was placed on lockdown. More than 200 law enforcement officers are on the hunt for the men, including canine officers and helicopters.

Sweat was serving a life sentence on one count of first-degree murder after killing a Broome County Sheriff's Deputy on July 4, 2002.

Matt was serving a sentence of 25 years to life after being convicted on three counts of murder, three counts of kidnapping and two counts of robbery.

"Anyone in the Dannemora area should contact the New York State Police if they saw or heard anything early this morning, or find that they have a vehicle which is unaccounted for," said Maj. Charles E. Guess of the New York State Police, in a statement.

Officials said Matt is a 6-foot-tall white male, about 210 pounds, with black hair and hazel eyes. He has a tattoo on his back that reads "Mexico Forever," a tattoo of a heart on his chest and left shoulder and a Marine Corps insignia on his right shoulder.

Sweat is 5 feet 11 inches tall, about 165 pounds, and has brown hair and green eyes. He has unspecified tattoos on his left bicep and right hand.

Troopers said anyone with information should call 911 or the New York State Police immediately at (518) 563-3761.

NIDHI PRAKASH
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Metro and his new family / PROVIDED

Brooklyn. Metro (the dog) finds a home

Five months after he was found abandoned on a subway train, Metro the American Bulldog mix now has a home to call his own.

Metro was adopted in late May by immigration lawyer Rhonda DeJean and her husband.

DeJean said he's settling in to their Williamsburg home, has made friends with the building's doormen and is an all-around playful and fun-loving dog who looks forward to his daily walks.

DeJean said she picks up Metro (the newspaper) every morning on her subway ride to the courthouse and spotted Metro's (the dog's) lovable mug.

"There was no mystery to it, he was a cutie," DeJean said, adding that her son has an American Bulldog and she's a fan of their temperament and character. DeJean has owned dogs in the past, but this is her first adoption.

Metro (the newspaper) first wrote about Metro (the dog) in mid-May, when he was at the Long Beach Animal Shelter.

Linda Vetrano of Posh Pets Rescue said the nearly 70-pound dog was found riding the subway in Manhattan by NYPD officers on a cold and icy day in January. As the story goes, he was wagging his tail and left with the officers despite likely being abandoned on the car.

"No one knows where he started from," DeJean said. "I wish he could tell me what his story is."

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Soccer

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Manhattan: Nevada Smith's, 100 Third Ave., between 12th and 13th streets. A bar with the motto "Where Football is Religion." This is a safe bet to be showing any game you could want to catch.

Smithfield Hall, 13 W. 25th St. An upscale option around the corner from Madison Square Garden. Serving food with an emphasis on local produce.

Brooklyn: Berry Park, 4 Berry St. "Williamsburg's premier soccer bar" — go for the soccer, stick around for the view of the Manhattan skyline.

Queens: Bar 43, 43-06 43rd St., Sunnyside. This cozy Queens local boasts "unrivaled television coverage of the best leagues from around the world." METRO

C train straphangers demand better trains, more funding

C line. The Straphangers Alliance demanded better service and upgraded trains.

Riders wore 1960s attire and accessories Sunday at "Retro Ride: Rally for a Better C Train." / BESS ADLER

Berneda Jackson from Brooklyn said that when she takes her grandchildren out for the day, they start to yell "Cab!" as they approach the Ralph Avenue subway stop on the C line, anticipating a long, arduous wait.

They've spent plenty of time on the platform hoping for trains to show up — so much that she budgets an extra two hours into their travel time.

"Two weeks ago the train was delayed four times that week. First they said they had a failure in the track, the second thing was something flooded, then there were just delays — they didn't have an explanation," she said at a rally outside the Utica Avenue subway stop on Sunday.

Jackson is a member of the Riders Alliance, an advocacy group for subway riders. The group says the C line's subway cars, which have been in circulation since the 1960s, urgently need to be upgraded, along with more frequent service on the line.

Just this week, MTA chairman Tom Prendergast told a city council hearing that the agency is seeking funds from the city, state and federal governments to plug a $14 billion gap in its $32 billion Capital Plan for 2015-2019.

The MTA recently raised the amount of capital funds they are asking of the city, from $657 million to $1.5 billion, as part of an effort to fill that deficit.

Rebecca Bailin, one of the rally organizers and a representative of the Riders Alliance, said that being a state-run agency, the M.T.A. should primarily look to the state for funding, though all levels of government should contribute.

"The MTA is a state agency, and most of that money really should be coming from the state," Bailin said. "But everybody should be stepping in, and everybody is pointing fingers."

Quoted

"The MTA is a state agency, and most of that money really should be coming from the state. But everybody should be stepping in, and everybody is pointing fingers."
Bailin

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Northside Festival is BK's SXSW

Arts. Exhibits, viewings and more will run throughout the week.

Think of Brooklyn's Northside Festival as the thinking person's summer arts festival.

Through June 14, there will be the usual packed week of music, movies and art. But what festival director Dana Keith is excited to introduce this year is the intimate Real Talk innovation series from Northside Innovative, the festival's entrepreneurial, content and design focused conference.

"We're steering away from panels and going with a more fireside approach with our talks this year," Keith says.

The idea is to create a more intimate connection between the speakers and audience. Northside Innovative has a slate of seminars, from team-building to publishing and networking events scheduled, where you can get up close and personal with company founders and editors from Brooklyn Based, Gothamist, clothing brand Bonobos and skin care line Glossier.

Keith describes the Real Talk series as a chance to give attendees an honest look at the struggles of starting a business.

"The people coming to these talks want to change lives," she says. "They are trying to become creators and thinkers, whether it's in a band or with film or in a business. The goal is learn and grow from each other. Northside Innovation is a massive celebration of discovery."

If you go

Northside Festival

June 8-14
$30-$315
NorthsideFestival.com

Quoted

"I want the whim of attending Northside to change the way these people see the arts because they took a chance. The idea is to leave being able to say 'I saw it here first.'" Keith

Northside Festival is more than music — there's also a lot of great music, like The Flaming Lips, who performed in 2013. / GETTY IMAGES

The biggest part of the festival remains its concert series, spread over three stages in McCarren Park and headlined by Neko Case, Run the Jewels and Best Coast.

But this is also the place to find the next big thing, with over 400 bands and solo artists performing free and ticketed shows.

For film buffs, screenings of independent movies and documentaries will be held around the city, including a Hungarian minifestival featuring the Berlinale-feted film "Land of Storms," described as the Hungarian "Brokeback Mountain" about rural soccer players.

Northside Art's outdoor art installations, among them a cloud sculpture and a moving creature made of garbage, will be set up along Bedford Avenue as a part of Williamsburg Walks.

Keith has high hopes that attendees will come to the Northside Festival with open minds and curious spirits and leave with new favorites.

"I want the whim of attending Northside to change the way these people see the arts because they took a chance," she says. "The idea is to leave being able to say 'I saw it here first.'"

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Hasaka city

Syrian army regains ground against ISIS

The Syrian army said on Sunday it had repulsed a major offensive by Islamic State militants in the northeastern city of Hasaka and driven out fighters who had taken over key installations on the southern edge of the city.

The northeastern corner of Syria is strategically important because it links areas controlled by Islamic State in Syria and Iraq. Syrian Kurds have also sought to expand their territorial control over a region stretching from Kobani to Qamishili that they see as part of a future Kurdish state.

The militants, approaching from their stronghold city of Shadadi, south of Hasaka, made lightening advances this week after conducting around a dozen suicide attacks using explosives-laden trucks at army checkpoints in the city.

But Syrian state television, quoting an army source, said in a news flash they had taken back an electricity station, a juvenile prison and two villages almost two kilometers (about one mile) south of the city that had been occupied by militants.

The army announced later that the Syrian air force had bombed militant posts in a string of villages south of Hasaka, including Tel Fawaz, Mishrafa, Makhroum, Tel Baroud and Um Madfaa, which it said had killed "tens of terrorists and destroyed their vehicles". REUTERS

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Sepp Blatter and Russia's President Vladimir Putin. / GETTY IMAGES

Russia, Qatar might lose their World Cups: paper

2018 and 2022. Russia and Qatar have denied wrongdoing in the conduct of the bids.

Russia and Qatar could be stripped of their World Cup hosting rights if evidence emerges of bribery in the bidding process, Domenico Scala, the independent chairman of FIFA's audit and compliance committee, told a Swiss newspaper.

The FBI's investigation of bribery and corruption at FIFA includes scrutiny of how soccer's governing body awarded World Cup hosting rights to Russia and Qatar, a U.S. law enforcement official told Reuters this week.

"This evidence has not yet been brought forth."

Scala made similar comments in 2013 but events over the last two weeks, which included a dawn police raid in Zurich and the arrests of several FIFA officials on U.S. charges, have added urgency to his remarks.

British Foreign Secretary Philip Hammond said he supported Qatar hosting the 2022 tournament, but added that Britain would work with another country if FIFA re-opened the bidding process.

"We would offer our support to any country that has been chosen to host the World Cup," Hammond told BBC World Service radio, saying the final decision would be for FIFA to make. He ruled out any British bid to host the 2022 competition if Qatar was stripped of hosting rights.

Sepp Blatter unexpectedly announced on Tuesday he was resigning, just four days after securing a fifth term as FIFA president and shortly before it emerged that he too was under investigation by U.S. law enforcement. REUTERS

Quoted

"If evidence should emerge that the awards to Qatar and Russia only came about thanks to bought votes, then the awards could be invalidated."

Scala told SonntagsZeitung in an interview published on Sunday.

Fifth death. S. Korea to track cellphones to prevent MERS spread

A group of students wearing face masks pose for a "selfie" as they sit on a street in the popular student area of Hongdae in Seoul, South Korea. / GETTY IMAGES

South Korean authorities will track the cellphones of hundreds of people under quarantine to prevent the spread of Middle East Respiratory Syndrome (MERS) and reported a fifth death in the outbreak, with the number of infections rising to 64.

The government, criticized over its lack of transparency in handling the outbreak, bowed to public pressure on Sunday and identified 24 health facilities where infections took place or MERS patients visited.

It reported 14 confirmed new cases of MERS, adding to the largest number outside of the Middle East.

"Please understand this is an unavoidable measure for the sake of our neighbors and families," Deputy Prime Minister Choi Kyung-hwan told reporters at a news briefing in the central city of Sejong, where he announced a plan to track the mobile phones of people under quarantine to ensure they stay at home.

More than 2,300 people in South Korea were under quarantine as of Sunday, some in health care facilities but most at home, including an entire village of about 105 people in the southwest after a resident who visited a hospital where the country's first patient with MERS was treated turned out to be infected.

Late last month, a South Korean man broke a voluntary house quarantine and flew to Hong Kong and then traveled to mainland China, where he tested positive for MERS.

South Korea's outbreak of the often-deadly MERS virus, first reported on May 20, has prompted fear and the closure last week of more than 1,000 schools, with thousands of tourists canceling plans to visit the country.

REUTERS

Quoted

"We can absolutely control this because all MERS cases in our country are infections in health facilities, not spreading into communities."

Choi Kyung-hwan

MERS

Experts predict falloff soon

Choi Kyung-hwan, who is also South Korea's finance minister, said there was no need for a supplementary budget to help the country's economy weather the outbreak. With the economy already flagging, the MERS outbreak is adding pressure for another interest rate cut, possibly as soon as the central bank's next policy meeting on June 11.

The latest fatality was a 75-year-old man who had been in the same Seoul hospital emergency room where a total of 17 people, including two medical staff, are believed to have been infected with MERS, South Korea's health ministry said.

Quoted

"If we prevent transmissions between hospitals, we will see only episodic cases from now on." Eom Joong-sik

The WHO said on Friday there was no evidence to suggest sustained human to human transmission in the community.

"Even if this arrives in communities, it's very unlikely to become pandemic," said Eom Joong-sik, professor of infectious diseases at Hallym University. REUTERS

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‘Voice’ contestant Anthony Riley dies

Fan favorite. Riley, a front-runner on “The Voice,” left the show to enter rehab.

Anthony Riley / GETTY IMAGES

Philadelphia native Anthony Riley, a contestant on the current season of NBC’s hit singing competition “The Voice,” was found dead Friday.

The soulful street performer, who instantly won over all four judges with his electrifying rendition of James Brown’s “I Got You (I Feel Good),” took his own life.

According to Philly.com, the singer was found in the basement of the Center City apartment he was staying at with friends.

Riley’s friend, Robby Parsons, confirmed the news to Yahoo Music’s Reality Rocks.

“Anthony passed away Tuesday. He wasn’t found until yesterday [Friday],” he said. “His sister called me at 7:30 yesterday to tell me. … I called the friend he’d been living with, Bobby Iovine, and Bobby was in tears. And he said, ‘Robby, it’s true.’”

NBC told People magazine in a statement, “We are sad over the passing of Anthony Riley. We offer our deepest condolences to his friends and family during this very difficult time.”

For the brief period he was on “The Voice,” Riley was a fan favorite, and chose musician Pharrell Williams to be his coach.

In March, Riley, a front-runner, suddenly left “The Voice” to enter a rehabilitation center due to substance abuse.

Last year, Philly magazine named Riley the city’s best street performer. METRO

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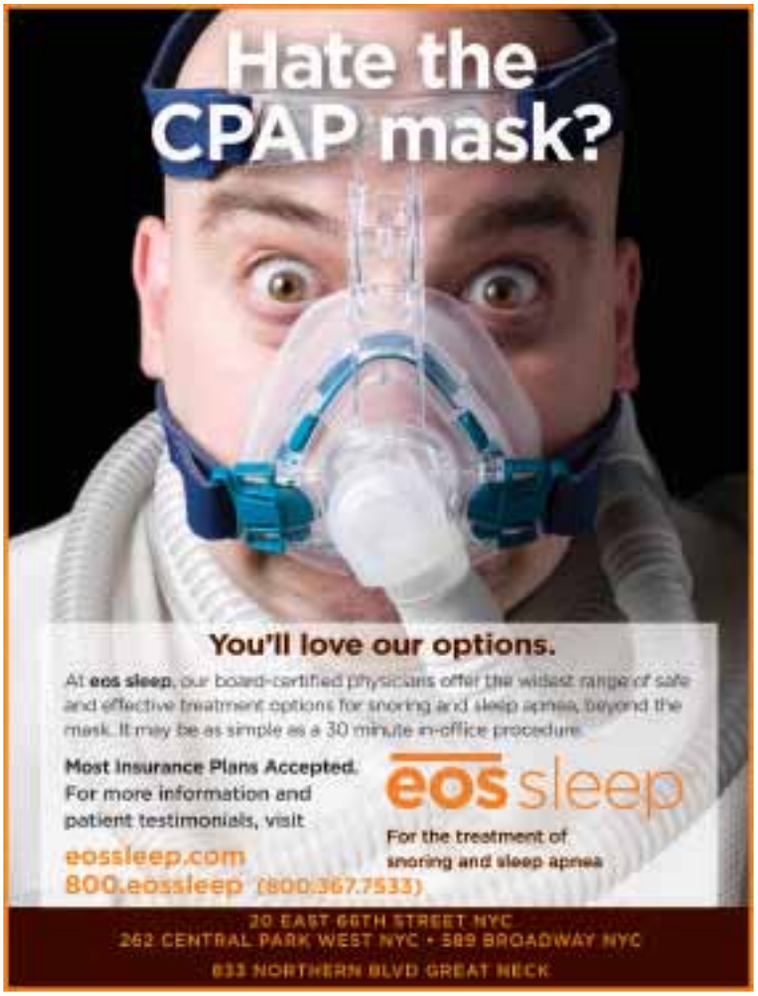
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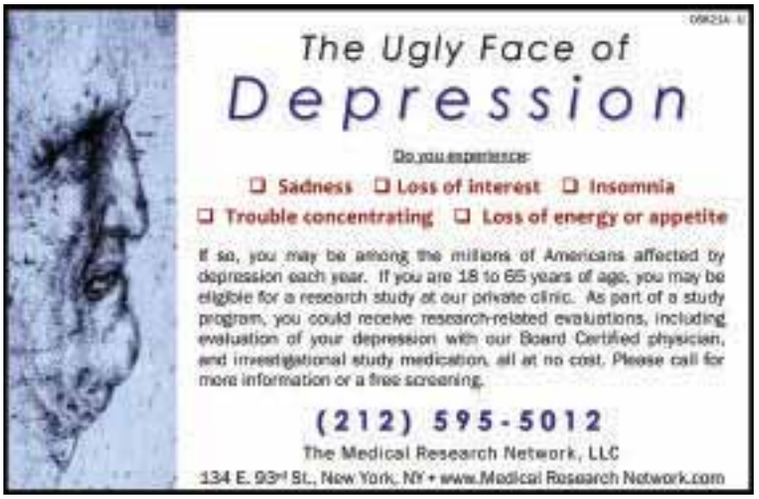
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Five things to know

1 China cruise ship death toll exceeds 400

Chinese officials, rescuers and family members gathered in mourning on Sunday for those lost on a cruise ship that capsized during a storm in the Yangtze River, as the death toll from the disaster reached 431, with 11 still missing.

Only 14 survivors, one of them the captain, have been found after the ship carrying 456 overturned in a freak tornado on Monday night in Jianli in Hubei province. Most of the passengers were elderly tourists.

The four-story ship was righted and raised on Friday, allowing rescuers on to it to clear away debris, break down cabin doors and look for bodies. The river is being swept to as far away as Shanghai looking for the missing.

Government spokesman Hu Kaihong told reporters that DNA tests were being carried out to identify the bodies.

Sunday marks seven days since the Eastern Star went down, and according to Chinese tradition this is a key date on which to mourn the dead. REUTERS

The raised Chinese cruise ship. / GETTY IMAGES

2 Data breaches offer treasure trove for hackers

A massive breach of U.S. federal computer networks disclosed this week is the latest in a flood of attacks by suspected Chinese hackers aimed at grabbing personal data, industrial secrets and weapons plans from government and private computers.

The Obama administration disclosed the breach of computer systems at the Office of Personnel Management and said the records of up to 4 million current and former federal employees may have been compromised.

U.S. officials have said on condition of anonymity that they believe the hackers are based in China. REUTERS

3 Fan struck by bat at Red Sox game remains in serious condition

A woman who was struck in the head by a shattered baseball bat at a Red Sox game in Fenway Park on Friday remains in a serious condition.

Tonya Carpenter was sitting in the second row of Boston's home game when the broken bat flew into the stands during the second inning and hit her.

Blood streamed down Carpenter's face as an emergency team wheeled her away on a gurney. REUTERS

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4 British warship launches rescue of at least 500 migrants in Mediterranean

A British warship in the Mediterranean launched a mission to rescue at least 500 migrants on Sunday, the Ministry of Defence said in a statement.

The MOD said a helicopter had identified four migrant vessels in distress.

"HMS Bulwark has now commenced rescue operations to recover those in the vessels," the statement said.

On Saturday, more than 2,000 migrants were rescued from five wooden boats in the Mediterranean Sea. REUTERS

5 G7 leaders urge tough line on Russia

Leaders from the Group of Seven industrial nations backed a tough line toward Moscow at the start of a summit in the Bavarian Alps, with U.S. President Barack Obama urging the gathering to stand up to Russian aggression in Ukraine.

Host Angela Merkel greeted Obama in the idyllic Alpine village of Kruen under blue skies, surrounded by locals in traditional dress, drinking beer and eating white sausage and pretzels. REUTERS

OBAMA AND MERKEL

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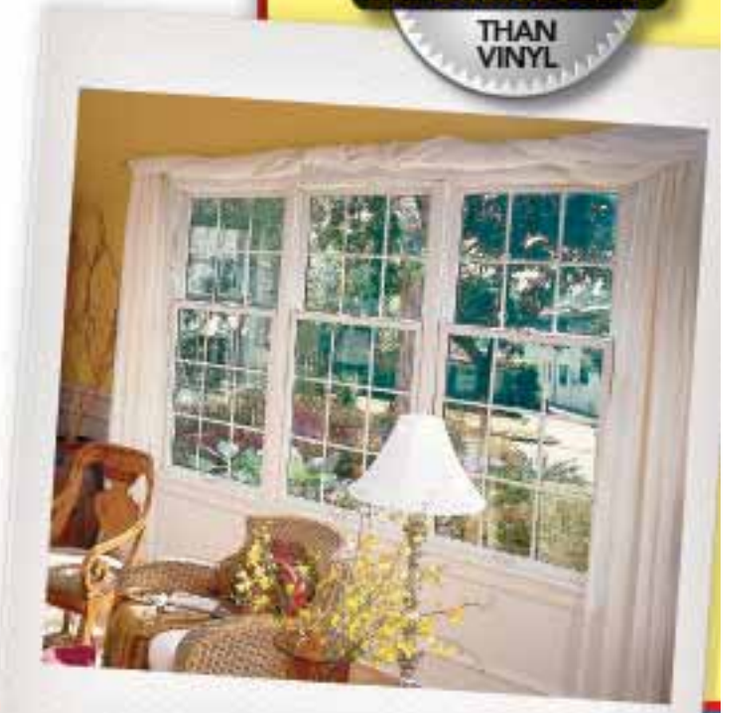

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2 CULTURE

Twitter feed

Today, Mindy Kaling is kind of digging "Entourage," Dominic Monaghan is considering a job offer, Larry the Cable Guy has pretty normal fears, Whitney Cummings is just being honest and Russell Simmons wants you to own it.

@mindykaling:
I like how much Vince visits Ari at work, it's sweet

@DomsWildThings:
Super excited to announce I've been invited into a think tank.

Still thinking about it though.

@GitRDoneLarry:
I hope I don't become the new sham wow guy!

@WhitneyCummings:
I wish I liked everyone as much as I pretend to on Instagram

@UncleRUSH:
Embrace your insecurities, it makes you who you are.

You did this to yourselves, America. / ALL PHOTOS GETTY IMAGES

1 Oh snap! Diplo and Zedd in EDM smack-talk throw-down!

Apparently male EDM superstar DJs are perfectly capable of being gossipy little sass-buckets. Oh, sorry, we're supposed to be calling them "producers." Anyway, Diplo — whom you may remember from allegedly dating Katy Perry just long enough to make John Mayer jealous — has some thoughts apparently about the love life of twink-y elf prince Zedd. "I'm actually not enemies with Zedd by any means. I just think that he came from such a cool place, and now he's been pegged as a moneymaker for a major label to do EDM, which to me isn't even a genre," Diplo tells Radio.com. "They've marketed him, even the fake relationship with Selena Gomez, all the things to sell records took away from the music." Yeah, man, how dare you try to make laptop-fueled club music for Las Vegas bachelorette parties about making money? And seriously, Ms. Gomez, how many fake relationships can one girl have?

4 Prince Harry has been knighted

That's Sir Prince Harry to you, buddy. The spare heir received a new honor from grandma Queen Elizabeth II this weekend, having the title Knight Commander of the Royal Victorian Order bestowed upon him in a private ceremony at Buckingham Palace. Now, I'm not claiming there's any nepotism at work here, but it does seem a little suspicious. Also, I can't hear terms like "Knight Commander" anymore without immediately thinking of "Game of Thrones," so I can only imagine there's a lot of nudity and violence in Harry's future.

Appearing knightly.

2 Keira Knightley had a girl

Erstwhile "Pirates of the Caribbean" star Keira Knightley became a mom last month for the first time, welcoming a baby with rock star husband James Righton. And while the new parents have been keeping quiet since then, reports are coming out now claiming that they had a baby girl — which is great news for Knightley, who previously talked about finding the prospect of having a son to be "terrifying," to put it mildly. "Somebody said to me the other day, the problem with boys is — sorry, this is horrible — but when you're changing their nappies, you can get the wee in your face," she told Ellen DeGeneres back in February. "And apparently they roll as well, so you have to try to stop them while you're trying to grab something else in order to stop them peeing in your face. So that sounds quite interesting." That's one way to put it.

KNIGHTLEY DODGED A BULLET.

THE WORD

Ned Ehrbar takes on the world of gossip.

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3 Amber Rose wrote a book?

Amber Rose is releasing a self-help book this fall called "How to Be a Bad Bitch," because this is the world we live in now. And to drum up excitement for what's sure to be a best-seller, Rose posted the cover to Instagram. And it is a doozy: A nearly naked, gold-tinted Rose stands upon a rocky shore with a bow and arrow, a slain golden man laying at her feet. I didn't realize how much of her success was down to a love for Tarsem's ridiculous "Immortals" film, but there you go.

Watch your back, Tony Robbins.

Daily video

Songify Shia LaBeouf? Yes.

Did you think there was no way to make Shia LaBeouf's bizarre inspirational rant any more ridiculous? Well, you were very, very wrong. Adorable Internet prankster Schmoyoho (of "Autotune the News" fame) turned the unhinged actor's work into an epic pop ditty music video, complete with Stonehenge imagery and some Zen-worthy non sequiturs. Sure, there have been lots of adaptations of LaBeouf's green-screen tirade, but this one is the best. And it's surprisingly catchy.

@SCHMOYOHO/YOUTUBE

Stars don't shine quite so bright

Awards. Broadway went with lower-wattage co-hosts for this year's Tonys.

ANNALEIGH ASHFORD WON FOR "YOU CAN'T TAKE IT WITH YOU."

CHRISTIAN BORLE ACCEPTING HIS TONY FOR "SOMETHING ROTTEN."

Kristin Chenoweth and Alan Cumming were great and all, but they're no Neil Patrick Harris or Hugh Jackman. / ALL PHOTOS GETTY IMAGES

This might have been the highest-grossing year for Broadway. But despite having two hosts take on the Tony Awards at Radio City Music Hall, or perhaps because of them, it actually felt like a smaller awards show than usual. Neither Kristin Chenoweth nor Alan Cumming were able to shine the way that former hosts like Neil Patrick Harris and Hugh Jackman usually do. Why two hosts, anyway? They explained that it was such a big year that it "requires a man and a woman" (Cumming: "I can relate").

In that vein, the duo stuck to mild banter, mocking each other's shows: "This is the last time I'll sing this," Cumming said about the opening strains of "Willkommen" from "Cabaret," while Chenoweth flatly stated "shut up" when her partner tried to make a joke about the lasting "popularity" of "Wicked." They quickly stepped aside for the opening number, which was "A Musical" from "Something Rotten." Unusually, neither host participated in the song and dance. In addition to hosting, Chenoweth was nominated for her leading role in a musical for "On the Twentieth Century," which also brought her to the stage last night to perform.

It also felt like a quiet year because there were no upsets, which isn't necessarily a bad thing. Frontrunner and fan favorite "Fun Home" had already taken away three wins, out of a leading 12 nominations, as of press time.

Major awards included Best Actress in a Leading Role in a Play (Helen Mirren, "The Audience"); Best Original Score (Jeanine Tesori and Lisa Kron, "Fun Home"); Best Actor in a Featured Role in a Play (Richard McCabe, "The Audience"); Best Book for a Musical (Lisa Kron, "Fun Home"); Best Actor in a Featured Role in a Musical (Christian Borle, "Something Rotten"); Best Actress in a Featured Role in a Musical (Annaleigh Ashford, "You Can't Take It With You"); and Best Direction of a Musical (Sam Gold, "Fun Home").

Aside from "Something Rotten" and "On the Twentieth Century," performances for the evening included numbers from "The King and I," "On the Town" and "Gigi." The most highly anticipated is the intimate and emotional solo "Ring of Keys," from "Fun Home," starring 11–year-old Sydney Lucas, who was herself nominated for Best Actress in a Featured Role in a Musical.

T. MICHELLE MURPHY
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"Fraction Of An Inch" Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer
Manhattan - In just a moment I'm going to tell you about a very "candid" and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from ***real medical treatments.***

That's also why no ethical doctor would promise or guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: "cure for knee arthritis" or "eliminates all pain" or "works for everyone" you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplemtation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a "must read."

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints deceases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically . Treatment with this special lubricating gel is called *Viscosupplementation.*

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City

Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Norhtern New j Jersey ever since word got out of their advanced medical procedure for knee arthritis

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in Northern N.J. right outside NYC (they now have clinics in mid town and downtown).. This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplemtation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

"All Doctors Are Human And Sometimes They Mess Up"

I discovered that this treatment must be VERY PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... ***but the imaging proved him wrong.***

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227- KNEE** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare.

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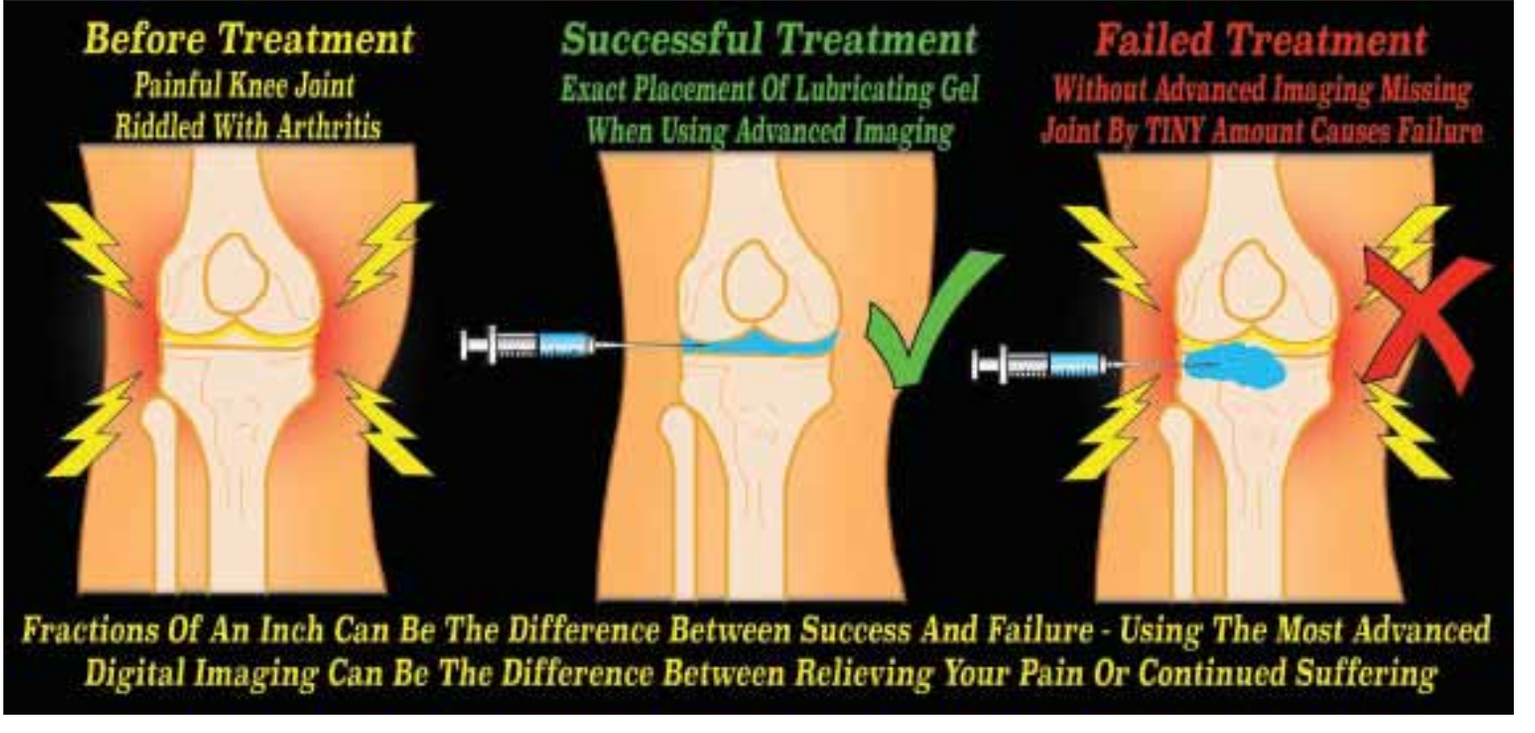
Why A Fraction Of An Inch Can Be The Difference: **Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to**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The battling Brian Wilsons

Beach Boy. Two actors took on the same role in "Love and Mercy."

The new Brian Wilson biopic "Love and Mercy" chronicles two distinct sections of the famous Beach Boy's life: when he recorded the groundbreaking "Pet Sounds" album in the 1960s and when he met his eventual wife, Melinda, in the 1980s. But instead of saddling one actor with both eras — not to mention old-age makeup — director Bill Pohlad split up the work between Paul Dano for the younger sections and John Cusack for the older.

You would think that two actors tasked with bringing the same character to life in a film would spend a lot of time collaborating beforehand to align their performances. You would be wrong.

"John and I never talked about finding our characters," Dano explains. "We just met on set when he was finishing, and I was starting. We both found that Brian is his music, and that's where that spirit comes from. That's where a lot of his light is, so it all seems to keep circling back to the music. For someone as honest and raw as Brian is, to go for any sort of mimicry felt like the opposite of what we all wanted."

Cusack concurs that the tunes were the real key to embodying Wilson. "I wanted to hang out with Brian as much as I could, but I just went to his music and dove in," Cusack says. "I listened to everything. I'm in the total immersion school. If you make 'Amadeus,' you know you've got a really good soundtrack because it's going to be Mozart. If you're making 'Love and Mercy,' you have the Mozart of rock and roll."

Paul Dano, above, plays the young Brian Wilson, and John Cusack, inset, plays the older one. / FRANCOIS DUHAMEL

GETTY IMAGES

If anything, Cusack thinks he might have had it much easier than Dano, at least as far as how scrutinized their performances might be. "The period that I played in Brian's life was much less public than the period Paul played," Cusack explains. "He had sort of removed himself from public life, so there wasn't as much information or knowledge of him in that era. There were a lot of legends and superstitions about it, and there was more lore than fact."

To sort through all that mythmaking, Cusack went right to the source. "Brian and Melinda were nice enough to talk to me and let me ask questions because they wanted it to be factual and accurate. I met with Brian, and I saw how he intuits and feels people — just gets the vibes on people. That was very helpful. I hope I wasn't an unwelcome houseguest," he says. "And then I just dug into 'Smile' and the 'Pet Sounds' sessions. My own opinion is you can hear everything about Brian in his music. If you just listen carefully, it's all there."

At the end of the day, though, there was one person they were hoping to please: Wilson himself, notoriously reclusive but involved with the project from early on. "I thought it was a very good idea, very good decision that we made," Wilson says. "First of all, Bill and John and Paul are geniuses. Absolute geniuses. I've been called a genius myself" — he offers an embarrassed laugh here — "but no, it was a lot of fun. I was very glad to meet these guys."

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Wildest moments of Gov Ball

Concerts. The music festivals had plenty of surprises.

When you stick 50,000 people on an island with some of music's biggest names, you know things are going to get crazy. From a performer getting seriously injured to free hugs for the crowd, here are the top moments that everyone will be talking about today.

EMILY LAURENCE
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GETTY IMAGES

Rae Sremmurd's stage tumble

Hip-hop duo Rae Sremmurd was one of the first acts to kick off the festival. Despite the rain, Slim Jimmy and Swae Lee came out full force, running and jumping all over the stage. In a daring stunt, Jimmy leaped from speaker to speaker, and smack in the middle of "No Flex Zone" he fell and seriously injured his leg. The show came to a stop while he was carted away in an ambulance, then Lee continued the set without him.

Hugs from Florence and the Machine

When Florence Welch of Florence and the Machine spotted a fan with a sign that read, "Hug me?" she told the massive crowd she would give the girl a hug if the girl could get to the front of the stage. Everyone came together helping the fan crowd-surf all the way to the front.

LENYON WHITAKER

GETTY IMAGES

Vampire Weekend surprises fans

What's a music festival without some surprise collaborations? Chromeo treated fans by bringing Ezra Koenig of Vampire Weekend on stage, and the two rocked out to "Cape Cod Kwassa Kwassa" and "Bonafide Lovin." The crowd went bananas.

GETTY IMAGES

The crowd just didn't get Bjork

Even dressed as a butterfly and performing with an orchestra behind her, Bjork couldn't hold the attention of many festival goers the second day of Governors Ball. Playing the main stage, she failed to draw the same size crowd that Florence and the Machine brought out Day One in the same time slot.

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How to gadget-proof your commute

Kevin Lieber's got the answers to your dreaded morning commute. / VSAUCE2, YOUTUBE

Ten times a week, most of us are plagued by the ritual of germs, noise, dead batteries and scalding hot coffee referred to as "commuting." But there's a better way, with the help of some futuristic technologies available right now that can help ease your daily suffering.

Silence the commuter clamor as you slip on your **Bose QuietComfort noise-canceling headphones** ($299). They feature a tiny microphone in the earpiece that picks up ambient sound and then creates a sound wave out of phase with that background noise to cancel it out, leaving you peacefully with your playlist.

Or stay alert to your audible surroundings while still enjoying your favorite podcast by wearing **Aftershokz open-ear bone-conduction headphones** ($99). They deliver stereo sound via mini vibrations through your cheekbones straight to your inner ear.

Coffee, that lifeblood of working warriors, is brewed at about 200 degrees, but it isn't sippable until about 140 degrees. You can keep your commuting fuel at the optimum temperature with the **Temperfect coffee mug** ($35-$45). It brings searing hot brew to a drinkable temperature in two minutes using phase-change materials on the inside that absorb heat from the stainless steel outside. The insulation then slowly releases the heat back into the drink to keep the temperature perfect.

The bumps and jerks of public transportation don't have to mean a spilled drink — if you wear a **Threadsmiths hydrophobic shirt** ($45-55) that repels dirt and liquid. Self-cleaning nanotechnology minimizes the surface area for water to stick, causing it to bead up and roll off.

Public transportation is not a model of hygiene, but you can hold the subway bars without fear thanks to the **Germinator Transit Jacket** ($248). The removable sleeve cuffs, which have thumbholes, are made of silver-infused anti-microbial fabric that protects your hands, and an extra long collar shield helps hide your mouth when another passenger is coughing up a lung.

If you prefer a jacket that holds all your stuff, the **SCOTTeVEST** ($150-200) offers up to 42 hidden pockets specifically engineered not to bulge. It can secure everything from your smartphone and wallet to your keys, transit pass, tablet and even a water bottle. The collar features a wire passthrough for your headphone cable and pouches designed to keep earbuds from dangling or bouncing around while chasing after the bus.

And the modern commuter needs to be a portable power plant. Several bags, like the **Surge II Charged Backpack** ($229), now come fully equipped with built-in batteries to keep your devices charged while on the go. The **Osprey Pixel Port** ($120) has an iPad sleeve that allows you to use your tablet while it remains safely in your bag. For those carrying cords and chargers, the **TLS Professional Slim Laptop Backpack** ($109) has a crush-proof adapter compartment to keep them organized and safe.

Or you can charge your devices while you walk using **AMPY** ($95), the world's smallest wearable motion charger. It transforms the kinetic energy from your movements into battery power, with a typical active user generating five hours of standby smartphone juice. That'll leave you with enough power to get home, strip down to your underwear and relax — until you do it all over again tomorrow!

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TV watch list

You should probably be watching "UnReal." For real. / JAMES DITTIGER

REALITY

'The Bachelorette'

The show heads to New York to see how much trouble it can get into there. Various guys attempt to rap with coaching from Doug E. Fresh while five others try to get parts in "Aladdin" on Broadway. **8 P.M., ABC**

DRAMA

'The Whispers'

Claire hesitates to send in a police sketch of a suspect because the sketch closely resembles her missing husband while the mysterious and menacing Drill continues to communicate with children. **10 P.M., ABC**

'UnReal'

This darkly comedic look at the behind-the-scenes antics of a production crew working on a dating reality show continues with Quinn trying to get her employees to find a new villain in the cast. **10 P.M., LIFETIME**

MOVIE

'Jurassic Park'

Excited for the new "Jurassic Park" movie? Why not pregame with the original version, starring Newman from "Seinfeld" and Sexy Jeff Goldblum? We're sad neither of those elements appears to be in the new one. **9 P.M., SYFY**

LISA WEIDENFELD

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HOW TO GET AHEAD

How to land a job through Twitter

DKNY PR Girl gives her tips on rocking social media.

RAQUEL LANERI
Ⓐ RaquelLaneri
raquel.laneri@metro.us

Can Twitter or Instagram help you land your dream job? According to Aliza Licht, senior vice president of global communications for Donna Karan, it can not only help, it can make — or break — your career (seriously, don't complain about your job on social, people).

Licht should know. She is the superstar force behind DKNY PR Girl, the online personality who reinvented social media for fashion brands, businesses and the people who want to work for them. To her, Twitter may be the world's "biggest cocktail party," but it's no joke.

"Social is like your online résumé," Licht says. "Employers are checking it before they even meet you for an interview, and it's a great way to pave the road for yourself."

So how to make sure your social media presence exudes personality while maintaining professionalism and poise? We asked Licht — who has just written a killer career-advice book, "Leave Your Mark: Land Your Dream Job. Kill It in Your Career. Rock Social Media." — for her tips.

Have a polished profile pic

Real talk: No one wants to hire an egg. (That's the default Twitter profile image.) "Your picture should reflect whatever it is that you want people to think about you," says Licht, "and if you're an egg on Twitter ... that's not exactly putting your best foot forward." Licht's recommendation? A professional-looking portrait. "It's really important for people who want to move up the ladder to have that headshot at the ready," she says. "Why not use it for social media, too? It makes you appear established, even if you're not."

Follow your industry's superstars

Before you start firing your 140-character missiles, you'll want to do your research. "Think about your goal — is it to launch a new business or project [or] is it to get a job? — and then follow people who do what you want to do or who work where you want to work," advises Licht. "I started my @LEAVEYOURMARKxo Twitter handle way before the book came out, so I could follow book reviewers and editors and educate myself on the publishing world. You learn so much by observing."

Experiment

Even if you have a clear idea of what you want to get out of social media, nailing the right voice can be tricky. But, even after studying the habits of other social media superstars, the only way you'll really learn how to tweet (or 'gram or "tumble") is by doing it. "You'll start to see, 'Oh, they really like when I talk about X,' or, 'When I posted about Y, it was like a tumbleweed going by,'" Licht says. "You'll start to see what people are interested in and give them more of what they want."

Don't be shy

"The great thing about Twitter is you can speak to anyone — there is no hierarchy," says Licht. So, why not reach out to or engage with your heroes and dream employers? "It's not necessarily about contacting them every day, but once in a while, you can retweet something, compliment something. Make your presence known, but in a way that isn't like stalking."

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How to avoid procrastination

Procrastination isn't the enemy of productivity. ISTOCK

Procrastination is often seen as the enemy of productivity. But you know what? It's time to stop viewing it as a negative thing.

In fact, once you understand what procrastination really is, you'll begin to see it in a more positive light — and have a healthier relationship with your productivity.

First, procrastination isn't a sign of laziness. It's often a self-defense strategy for people who are afraid of failure or disappointment. Think about what you're putting off, and chances are it's a huge, important project (or multiple projects), and you're overwhelmed.

Second, and more importantly, procrastination is your brain's way of telling you to take a break. If you're tired, whether physically or emotionally, you don't have the energy or motivation to start working or studying.

So next time you find yourself putting off that big paper, don't stress about the work you're not accomplishing. Reframe it as taking a breather, and follow these three tips.

Take a break

Only robots can work continuously without pause. So try working for 30 to 45 minutes straight and then taking a 10- to 15-minute break. Use a timer on your phone or computer to notify you when it's time to take a breather and when it's time to get back to work. If your task involves sitting at a desk staring at a screen, make sure your break involves no screen time and taking a short walk.

Write out a to-do list

If you're feeling overwhelmed, it's because everything you need to do is cluttering your brain. Clear your head by writing a to-do list. Put down everything, no matter how small or big. If you have a complex item, like "Write Canadian history essay," break it into smaller chunks: "Do initial research," "Finalize thesis," "Research for essay," "Outline essay" and "Draft essay." Then prioritize the items.

Give yourself deadlines

Write out a contract in which you specify each task and when it will be due —then sign it. This will confer a feeling of responsibility. Post this contract somewhere prominent, like over your desk. Over time, you will accumulate these contracts as evidence that you can accomplish what you set out to do.

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What millennials really want

New survey delves into the career and education goals of tomorrow's leaders.

RAQUEL LANERI
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raquel.laneri@metro.us

Millennials at a glance

- 23 percent are first in their family to attend college
- 41 percent are proficient in a language other than English
- 78 percent expect to attend grad school

The National Society of High School Scholars has released its annual millennial career survey. (Spoiler alert: Kids these days — they want to work at Google.)

Now in its eighth year, the survey, conducted by Hanover Research, polls more than 18,000 high school students, college students and young professionals about their career and education goals.

"We have a group of diverse scholars — students who are high achievers, who want to excel in life," says NSHSS President James Lewis. "We thought by measuring their attitudes and goals, we could help companies who want to attract this generation but may not understand how to do so."

So, what do millennials want? More science and tech jobs, for one. Students ranked Google as their No. 1 choice of employer, while Apple, Microsoft and various hospitals, such as Saint Jude's, made the top 10.

"There's been a big push in the educational system and the media in terms of science, technology and engineering careers," says Beth Pann, vice president of NSHSS. "And kids are listening. Not just because these careers pay well, but because they want to make a difference too."

But if millennials are increasingly plugged in, they're also far more worldly and multicultural than their forebears. "Forty-one percent are fluent in a language other than English," marvels Lewis. "While immigration is a big reason, I

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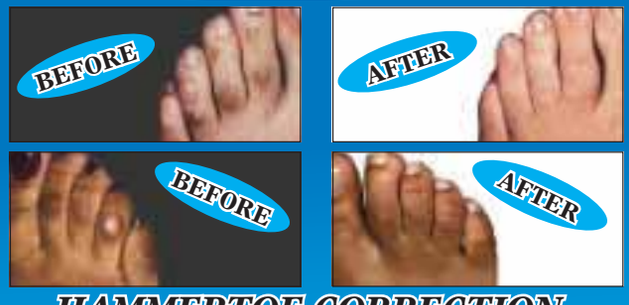

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Forty-one percent of millennials surveyed are bilingual. ISTOCK

think it also speaks to the fact that a lot of these young scholars are looking at the entire globe as their workplace."

"The world is changing and becoming a smaller place," Lewis adds. "Millennials are more exposed to people of different backgrounds. To them, diversity is not just about ethnicity and cultures, but also of experiences and expectations. They don't see as many barriers. And that is so cool."

Dream companies

- Google
- Walt Disney
- St. Jude Children's Research Hospital

Dream fields

- Medicine/Health (40 percent)
- Science (28 percent)
- Technology/Engineering (21 percent)

What they want in a job

- Fair treatment of employees (72 percent)
- Flexible hours (70 percent)
- Work/life balance (68 percent)
- International experience (50 percent)

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Horoscope

♊ Gemini | May 22-June 20
In order to save your reputation, resolve any workplace issues. A jealous colleague will spread false info.

♋ Cancer | June 21-July 22
Your intuition will lead to new ideas regarding your career path. Financial troubles will decrease as you develop additional means of income.

♌ Leo | July 23-Aug. 22
A truthful dialogue will iron out any problems with someone you love. Keeping your feelings bottled up will lead to anxiety and unhappiness. Clear the air.

♍ Virgo | Aug. 23-Sept. 22
Swift action will enable you to take advantage of an opportunity. Convert an unconventional idea into a moneymaking enterprise.

♎ Libra | Sept. 23-Oct. 22
If you want to find a way to improve your work environment, you should bounce ideas off your peers.

♏ Scorpio | Oct. 23-Nov. 21
Interacting with people from diverse cultural backgrounds will increase your desire for travel. You will become more understanding of others as a result of your newfound knowledge.

♐ Sagittarius | Nov. 22-Dec. 21
Stubbornness will hold you back. You have to view both sides of every situation if you want to avoid an unnecessary dispute.

♑ Capricorn | Dec. 22-Jan. 20
You have the ability to mellow even your most ruthless critic. Use your original ideas to gain allies.

♒ Aquarius | Jan. 21-Feb. 18
Legal and financial responsibilities should take precedence over other matters. A loss is apparent if you fail to keep your records up to date. Cash will come from an unusual source.

♓ Pisces | Feb. 19-March 20
Expect to have your intentions misinterpreted. Unless you have your facts straight, an unfortunate disagreement is likely to occur.

♈ Aries | March 21-April 20
Your mind will be full of inspiration. Don't disregard daydreams. A moneymaking opportunity will blossom if you nurture ideas.

♉ Taurus | April 21-May 21
Your considerate nature will not go unnoticed. Partnering with a charitable agency will magnify your good qualities and generate positive interest. EUGENIA LAST

Sudoku: Easy and hard

8		9	1				2	
	3		7					
6		5	4	8			7	1
				3		5		2
1		4		7				
5	4			6	7	9		3
					2		6	
	9				4	2		8

8				6				7
6				1			3	5
7		3		5	9			
1		2		4				
		8				7		
				7		5		8
			9	3		2		6
2	4			8				3
3				2				1

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters to the editor

Don't glorify bad jobs

Re: 'Five things you didn't know about male escorts' (Metro.us) With all the honorable professions out there, your paper could find no other way of living to spotlight than that of an "escort?" You then proceed to glorify the profession by quoting a prostitute named "Drilla," who boasts he makes $300 an hour and meets celebrities. Really? Really? As an educator for over 25 years who devotes his life to teaching young people that they need to do something positive with their life that contributes something to society, your article was offensive. It was a slap in the face to every hard-working parent and educator who work to teach our children that the lifestyle your paper glorified is NOT the way to make a living. What will it be next? Interviewing crack dealers who boast of making $1,000 per day? Shame on you.
SEAN NORIEGA, VIA EMAIL

Fly your flag on the 14th

The American flag was originally adopted in a resolution by the Continental Congress on June 14, 1777. Flag Day wasn't official recognized until proposed by Congress and signed into law by President Harry Truman in 1949. I therefore urge that the American flag be displayed outside homes, apartments, offices, businesses and stores throughout the U.S. Please fly the American flag on June 14.
FREDERICK R. BEDELL JR.

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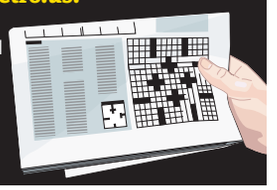
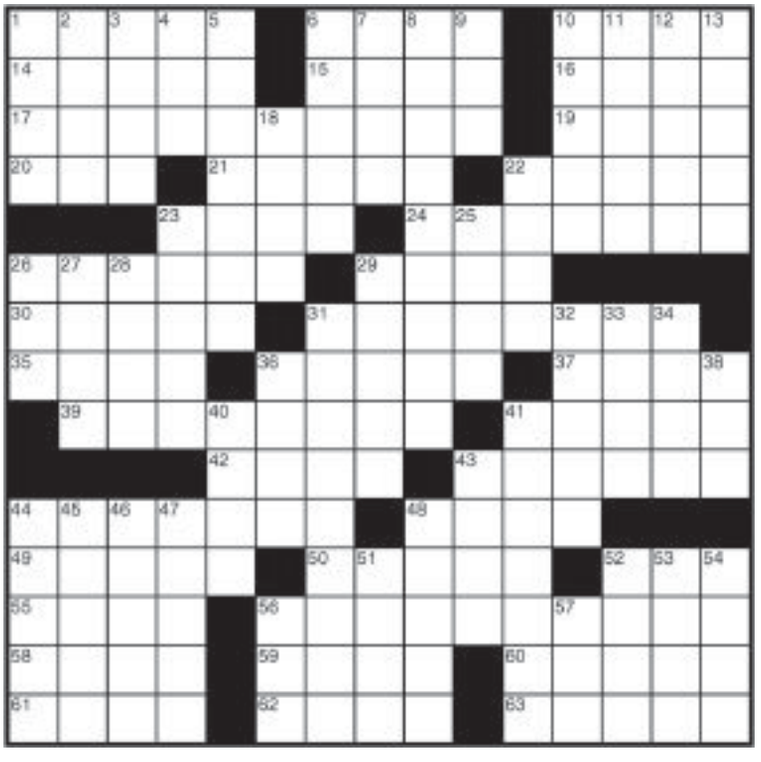


Crossword

Across
1 Human herbivore
6 Confer upon
10 Oil-lamp cord
14 Suspect's need
15 Singer Burl
16 Long for
17 Frayed
19 Pate de — gras
20 RSVP word
21 Ms. Davis of films
22 McEnroe foe
23 Trash holders
24 Soup and salad
26 Covers the walls
29 Royal decree
30 St. Teresa's town
31 Regarded as (2 wds.)
35 — -majeste
36 BMW alternative
37 Son of Aphrodite
39 Garden "heads"
41 Coffee source
42 Old-time oath
43 Dry red wine
44 With least slack
48 Piece of linoleum
49 Cove
50 Shipboard romance
52 Mil. noncom
55 Ration out
56 Weather prognosticator? (2 wds.)
58 Yield, as interest
59 Actress -- Heche
60 Common practice
61 Rontgen's discovery (hyph.)
62 Romanov title
63 Bright flower

Down
1 Large tanks
2 Pre-college
3 Bikini sporter
4 "Honest" fellow
5 Border river
6 Taunts
7 John, in Siberia
8 Truthful
9 Flight dir.
10 Thin cookie
11 Click-on items
12 Reproach mildly
13 Dirigible bottoms
18 Caves, often
22 Minstrel's instrument
23 Glitterati member
25 Acorns, once
26 Buddy
27 With, to monsieur
28 Leaning tower town
29 Outwitted
31 Foreign missions
32 Tractor pioneer
33 By mouth
34 Taboo (hyph.)
36 Drops behind
38 Mach 2 flier
40 Sugar source
41 Bankrupt (hyph.)
43 Pepper grinder
44 Casio rival
45 Close, to Keats
46 Too-too
47 Bopper lead-in
48 Mary — Moore
51 Portuguese lady
52 Young Lennon
53 One-liners
54 Deuce taker
56 Thai temple
57 Youth org.

Weekend's answer



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3 US players to watch

World Cup. The Americans again have plenty of star power.

Hope Solo returns to occupy the net for the Americans once again. / GETTY IMAGES

In the previous six Women's World Cups, the U.S. has never finished worse than third place. However, the Americans — champions in 1991 and 1999 — have yet to win one this century. Brandi Chastain, in her iconic sports bra, isn't walking through that door. This summer in Canada appears to be the perfect time to end that drought, however, as the U.S. looks to avenge its heartbreaking loss in penalty kicks to Japan in the 2011 Final.

Note that this is the first time that the field has expanded to include 24 countries. The U.S. is in Group D: It'll open with Australia on Monday in Winnipeg (7:30 p.m., Fox Sports 1), then it plays Sweden on Friday (8 p.m., Fox) in Winnipeg and closes out group play with Nigeria a week from Tuesday (8 p.m., Fox) in Vancouver. Here are three U.S. players to keep close tabs on:

MEGAN RAPINOE, CENTER, IS HUGGED BY U.S. TEAMMATES LAST YEAR. GETTY IMAGES

1 Goalkeeper Hope Solo
For all of the well-chronicled chaos in her life off the field, Solo is still at the top of her game when she's in net. She is tall (5 feet 9 inches), extremely athletic and capable of many saves that are rarely seen in women's soccer. A key for her will be maintaining focus in each match since the U.S. typically dominates possession and doesn't give up too many scoring chances of its own. Let's just hope that her toxic husband Jerramy Stevens (a former NFL tight end) doesn't make the trip to Canada. This is Solo's third World Cup.

2 Midfielder Megan Rapinoe
The U.S. is loaded at midfield: Lauren Holiday (wife of New Orleans Pelicans guard Jrue Holiday), Tobin Heath and Carli Lloyd are all excellent and capable of being stars in this tournament. But Megan Rapinoe is the best pure goal scorer of the bunch. She was one of the breakout stars for the U.S. at the last World Cup (1 goal, 3 assists): She made the cross that Abby Wambach headed in for the famous tying goal against Brazil in the final seconds of their memorable quarterfinal match (which was eventually won by the U.S. in penalty kicks). Rapinoe is outstanding at free kicks as well, so she should be taking many of those for the U.S. in addition to the corner kicks.

3 Forward Abby Wambach
This is the fourth and likely final World Cup (she turned 35 on Tuesday) for the all-time leading goal scorer (182) in the history of women's soccer. Wambach is huge (5 feet 11 inches) and nearly impossible to defend, especially in the air. She is still so dominant, but the one thing that has eluded her in an otherwise legendary career is a World Cup title.

RICH SLATE
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sports@metro.us

World Cup

US opens up with Australia

History has shown that if you can get two wins (out of the three games) in group play, you are basically guaranteed to reach the knockout round in the World Cup. The U.S. women's national team begins its latest journey in Canada on Monday (7:30, p.m., FOX Sports 1) against Australia in Winnipeg.

The other two countries in Group D kick off earlier that afternoon as Sweden meets Nigeria. Australia is no pushover by any means, as it is ranked No. 10 in the latest FIFA world rankings, while the U.S. is No. 2.

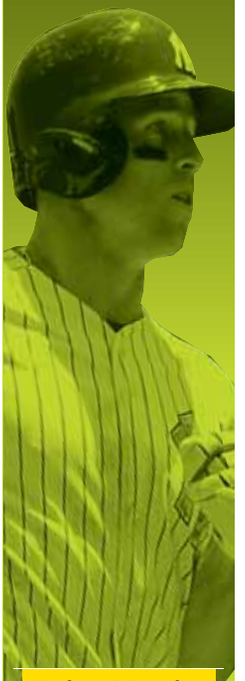
With the expansion to 24 teams this year, the top two teams in each group advance to the knockout stage, along with the four best third-place squads. Australia is making its fifth appearance out of seven Women's World Cups. The U.S. beat Australia by only a score of 2-1 on Sept. 16, 2012, but their two most recent matchups — a 6-2 U.S. win three days after that and a 4-0 shutout of Australia on Oct. 20, 2013 (all played on U.S. soil) — makes you realize why the U.S. is so heavily favored.

U.S. midfielder Tobin Heath GETTY IMAGES

Key for Australia is to not let things get out of hand since goal differential is often the deciding factor. That means losing by two or three goals is much better than getting buried by four or five goals.

Australian goalkeeper Melissa Hudson is playing in her fourth World Cup, while forward Larissa Crummer is the youngest player on the team (19). Midfielder Emily van Egmond was recently named the W-League Player of the Year. **RICH SLATE**

3 SPORTS



Yankees 6, Angels 2

Yanks sweep Angels, flash power

The Yankees swept the Angels this weekend to climb atop the AL East, overcoming homers by Mike Trout and Albert Pujols early Sunday with three home runs of their own in a big victory. Brett Gardner's three-run shot in the fifth helped get C.C. Sabathia off the hook on the mound. He was ejected for arguing balls and strikes but the bullpen did its job to secure the win. Now at 32-25, New York has the day off Monday before hosting one of the best the NL East has to offer in the Nationals. Masahiro Tanaka is slated to pitch in the opener Tuesday.

IS TRIPLE CROWN BAD FOR SPORT OF HORSE RACING?

Opinion

KRISTIAN DYER
KRISTIANRDYER @ METRO.US

This time, after 13 attempts had come and gone, horse racing finally has a Triple Crown winner. But now what?

In some ways, American Pharoah's win isn't a great thing for the sport, one that is struggling across the board as wagering is down and track attendance continues its steady decline. Sports fans really only tune into horse racing on Triple Crown days. If Belmont doesn't have a Triple Crown hopeful then the sport gets lost in the shuffle of other events; years without a Triple Crown contender at Belmont could be half of the roughly 90,000 who attended on Saturday.

Victor Espinoza did it again, this time for a Triple Crown. / GETTY IMAGES

In some ways, the mystique and allure of the unattainable Triple Crown is good for the sport. Now that American Pharoah has captured this title, horse racing may have nothing left to sell.

"Maybe people will slow down a little bit to see the next Triple Crown. I don't know. A Triple Crown is a Triple Crown," Hall of Fame jockey Jorge Velasquez, who had his own Triple Crown spoiled in 1981 aboard Pleasant Colony, told Metro. "This is the best of racing. So people are going to come back anyway. When a horse has win the first two, they're going to come back. ... Secretariat wins in 1973, they come back in 1977 for Seattle Slew and then Affirmed. They will come back."

But horse racing then was closer to being relevant than what it is now. Those were simpler times, not far removed from when horse racing was known as the "Sport of Kings." Today, the sport barely registers outside of moments like this. It takes a big moment for the sport to get attention and the past five weeks show this.

Consider that the Kentucky Derby five weeks ago had 16 million viewers, up from 15.3 million the year before. The Preakness registered 8.9 million viewers, down about seven percent from the year before, but interest in Saturday's race remained high.

With the Triple Crown on the line, Belmont had an overnight rating of 12.3, numbers that show that mainstream interest is there for the sport's big moments.

The good news for the sport is that American Pharoah owner Ahmed Zayat said after the win that he would like to continue racing his horse. This could help sustain interest in racing, not unlike Secretariat in 1973 who had a well-publicized and highly attended victory tour following his Triple Crown success.

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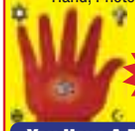

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